

Joe's 4-day, 2-person ski mountaineering kit

Ski Gear	Item	Pack	Body	Total
	Shovel	1.40		
	Probe	0.50		
	Ski crampons w/ biner	0.68		
	Poles (no straps)		0.58	
	Skis, bindings, leashes		9.38	
	Boots		5.06	
	Beacon (no harness)		0.56	
	Skins		1.46	
	Ski strap		0.05	
		2.58	17.09	19.67 Pounds

Mountaineering Item	Pack	Body	Total
Helmet	0.54		
1 Rope each (30m x 8mm)	5.20		
Ice Axe, steel head (no leash)	0.78		
Crampons	1.38		
Harness		0.76	
4 lockers, 2 x Munter		0.50	
4 non-lockers		0.26	
3 Prusiks (1.5m x 6mm)		0.18	
Cordelette (6m x 6mm)		0.36	
2 Ice screws (19, 10mm)		0.63	
Tibloc		0.10	
V-Threader		0.02	
	7.90	2.81	10.71 Pounds

Clothing	Item	Pack	Body	Total
	Extra socks	0.23		
	Buff	0.14		
	Sun hat	0.22		
	Hardshell jacket	0.78		
	Insulated jacket	1.24		
	Synthetic underwear		0.15	
	Long underwear top		0.50	
	Long underwear bottom		0.39	
	Socks		0.23	
	Wind shirt		0.23	
	Ski pants		1.52	
	Warm hat		0.14	
	Gloves		0.57	
	Goggles w/ case		0.50	
		2.61	4.23	6.84 Pounds

Stock Alpine LLC

Personal	Item	Pack	Body	Total
	Backpack (50 liters)	3.20		
	Water bottle (1 liter)	2.78		
	Food (2lbs pppd)	8.00		
	Headlamp	0.14		
	Extra batteries (3 x AAA)	0.07		
	Sunglasses w/ case	0.25		
	Knife w/ posidrive	0.13		
	Toilet paper & lighter	0.14		
	Camera	1.05		
	Phone w/ navigation app	0.40		
	Sleeping bag w/ stuffsack	1.96		
	Air mattress	0.62		
	Spoon	0.03		
	Toiletries	0.62		
	Sun screen		0.08	
	Lip screen		0.02	
	Inclinometer/scraper/compass		0.02	
	Skin wax		0.06	
	Altimeter watch		0.12	
		19.39	0.30	19.69 Pounds

Shared	Item	Pack	Body	Total
	Hanging canister stove w/ pot	1.04		
	Stove repair kit	0.07		
	2 Fuel canisters (0.81 lbs each)	1.63		
	First aid kit	0.50		
	Map in bag	0.20		
	Tent	2.96		
	Pee bottle	0.16		
	Shared Gear Total	6.56	3.28	Pounds
	Shared Gear Per Person	3.28		

Pack Weight (Personal Gear + Shared Gear) 35.76 Pounds
Gear on Body Weight 24.43 Pounds
Total Gear Weight 60.19 Pounds